



September 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Pulled Pork Sandwich Baked Beans Potato Salad Chocolate Chip Cookie
4	5	6	7	8
SENIOR CENTER CLOSED FOR LABOR DAY	Liver & Onions Potatoes Brussel Sprouts WW Roll & Butter Mandarin Oranges	Chef Salad w/turkey & ham Tomato, Cheese & Egg Croutons Breadstick Jello w/fruit	Swedish Meatballs Egg Noodles Steamed Cabbage WW Roll w/Butter Apricot Crisp	Grilled Cheese Tomato Basil Bisque Carrot & Celery Sticks Brownie
11	12	13	14	15
Spaghetti w/meat sauce Tossed Salad w/dressing Garlic Bread Peanut Butter Cookie	Tuna Noodle Bake Seasoned Zucchini WW Roll w/Butter Gingerbread Cake	Chicken Pot Pie w/mixed veggies Biscuit w/Margarine Applesauce	Pepper Steak Brown Rice Squash Medley WW Roll Peach Cobbler	Taco Salad w/Black Beans lettuce, tomatoes, cheese sour cream, salsa, tortilla chips Corn Bread Fresh Fruit
18	19	20	21	22
Cod Fillet Rice Pilaf Green Beans WW Roll w/Butter Strawberry Shortcake	Savory Chicken Cornbread Stuffing Steamed Carrots WW Roll w/Butter Chocolate Cake	Meatloaf Mashed Potatoes & Gravy Steamed Broccoli WW Roll w/Butter Oatmeal Cookie	Baked Macaroni & Cheese Buttered Brussel Sprouts Caesar Salad Garlic Bread Jello w/fruit	GC Chicken Enchilada Pinto Beans Spanish Rice Tortilla Pudding
25	26	27	28	29
Sloppy Joe Carrots Tater Tots Chocolate Chip Cookie	Beef Tips w/Mushrooms Egg Noodles Broccoli w/Lemon Apple Crisp	Chicken Parmesan Herbed Pasta Steamed Italian Veggies Caesar salad w/Dressing Fruit Crisp	Lasagna w/meat sauce Tossed Salad French Bread Peanut Butter Cookie	Sweet & Sour Pork Oriental Vegetables Brown Rice Lemon Cake

